

Martin Brune

## The energetic vehicle & the clock of life



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## Preface

This time there is a preface. In my last book "On to happiness – how life finds us", the preface consisted of: "there is none. We have no time to lose." This made sense. Because the work on one's awareness does not need a preface – we simply can't waste any more time, it is necessary to do some unclogging, we need to become more aware – and that's still the case.

Even though my last book was a bestseller of its publishing house, it was among the first 10 on the bestseller list for a long time, I now want to spread my knowledge via this PDF file, so that it is free of cost and easily accessible. My aim is that as many people as possible can access the knowledge about the energetic vehicle as soon as possible.

This book about the energetic vehicle however, needs a preface, as it aims to explain why we are in this world, what's our purpose and what's the meaning for our life.

Because there was an "energetic" preface before we came into being, a kind of energetic map, a purpose of why we are here. And this purpose has been determined from the point of our emergence and it comes with a significant central message: while on earth, be of service to this world, that means, we are meant to make ourselves useful to this world.

The model of the energetic vehicle has evolved from my work as scientist and teacher at my Energy School shamanic.nature's way (<http://www.shamanic.de>), with the help of which I have accompanied people in their process for a long time. My academic training in natural science (leading to my degree "Graduate Engineer") has always helped me to keep the "inner sceptic".

Through this research I have found visual techniques (Energy Seeing), which make it possible to "read" the purpose of being in every human being – in the Here and Now, in this life. With the help of this technique it is possible to recognise and find the meaning of life of every human being in their energetic vehicle – in business as well as in private life. Thus, it is possible to read the energetic vehicle

of more complex systems, as for example businesses, organisations, etc...  
- because such systems consist of human beings and thus of a collection of "energetic vehicles", which, all put together, form one big vehicle with one "direction of travel".

This knowledge answers to one of the most existential questions of mankind: "Why am I here?" or "Why is everything the way it is?"

The essence of my findings have been compacted in this book – there will be more explanations during the courses or during spontaneous lecture evenings.

One last thing to conclude the preface: the energetic vehicle, one's "own" strength to live, means first and foremost having a good portion of courage to change.

One should summon the courage and be keen to look at oneself, to confront oneself with life and (yes), to work on oneself. Without all of that it will not work, even if human lethargy and laziness are great.

Because, the reason "why" we do not drive our energetic vehicle to full power, lies within the fact that our society is working based on concepts, which had a considerable effect on our education and which made our energetic vehicle drive into quicksand. Therefore the work on ourselves does not mean we are working to change our "being", our essence, but it is rather a kind of "peeling off" of old, hindering life concepts, comparable with the peeling of an old onion.

## The energetic vehicle and the body

If we took a look at the world from a bird's perspective, we would see many living things that are moving. They move from A to B and back, like in an ant hill. One might think these bodies move without rules, but all movements always contain the factors of time, speed and mass – in human beings as well as in vehicles. Everyone is moving along their energetic timeline – and according to their building plan.

Building plans show what how we are made. The energetic journey starts at birth, according to the building plan according to which we were formed. Therefore the term "vehicle", we are bodies that move. The energetic vehicle is within us and tells us in what direction and where to we are to move in our life. Thus, it also tells us for how long and where – in this world.

One can imagine the energetic vehicle as being a real vehicle, with which every human being in this world and also the world "itself" are driving through life on an energetic timeline.

Everything concrete that exists, every tree, every plant, every animal, every human being, every stone, every country, every continent, every project, every system, every group, the whole world, is moving along an energetic timeline, which always has its origins in a birth process and which changes in the course of time and makes a journey.

The energetic vehicle lies "within us", respectively, the building plan of our energetic vehicle has made us the way we are.

"The way we are" is the important sentence – it derives from "being" and "being" includes everything that defines the "being": our looks, the hair colour, the form of the head, the body, the face, the height, the colour of skin, if we are male or female, – everything that is visible – in short: the body.

The "being" also comprises the "inner world" of a person, that is, their self confidence, self awareness, their spirit, their psyche, their soul, however one wants to call this part of the "being".

I will focus more on the inner world later on, also on the external world, that is, the world that is visible outside of our body with its inner world. The external world in form of situations that we find ourselves in, experiences we make, people we meet, the country we live in, the city, the house, the clothes that we wear, the things that we eat, the stars that we can see in the sky at night – all that is the external world.

Everyone should agree with this model: the inner (experience) world, the body and the external world.

The energetic vehicle consists of the inner world, that is, the inner experience and knowledge based world and the body. "You" yourself

are the energetic vehicle – you as a whole and with your energetic vehicle are moving through life.

### **Everything is determined an our body shows it**

The energetic vehicle lies within our body. At first I want to concentrate on this body, on the purely physical appearance of a human being and thus I want to make an experiment with you.

Please go and find a picture of yourself that shows you at an age of around 10 -12 years on a class photo.

Ask a friend if he can find you on that photograph, if he recognises you. Everyone might have done that before and knows the result: when the photo is good and clear, every person can identify you with a little concentration – even if he did not know you at that age.

You will say what's that all about, of course I recognise myself.

This simple experiment and its outcome lead to an unbelievable finding: you might have changed a little through the years or decades – you might be thicker or thinner, maybe you are taller, you are wearing different clothes, but one thing is evident: given the years that have passed, you have not changed dramatically – at least not in a way that you could not be found on the picture.

Actually, apart from the normal ageing process you have not changed at all – and that is visible and can be proven with this photograph.

Every reader will probably agree that your outward appearance, and with that a part of your energetic vehicle, has already been determined early in your childhood. It has been determined! It was unchangeable and thus given with all its characteristics: with the form of the face, the figure, the form of the chin, the proportional allotment between body, legs, hands, neck and head, hair colour, posture and, from a certain age, also the voice.

Now check a photo on which you are between 6 and 8 years of age and you will see that also on these pictures your looks as a

grown up can already be recognised (mostly from the face as the body has not yet been fully developed).

The appearance of your body has been determined and unchangeable from the start of your life and was thus physically predetermined.

Why shouldn't that also be the case with our mental, spiritual characteristics, that is for example, our vocation, our relationships. Why shouldn't the way we live also be determined?

The photographs from former times prove it – our body shows it.

### **LoveEnergy, the fuel of the energetic vehicle**

Just as any other vehicle, also our energetic vehicle needs something that powers it, a kind of fuel, a kind of energy – also human beings want to be fuelled by energy.

In the life of a human being great problems occur when his energetic vehicle gets the wrong or too little fuel, because it is this fuel that nourishes the human being.

In childhood these are – in addition to the actual nutrition like breast milk – the care, the warmth, the smile of the mother. In the most fortunate case it is love. Later, as an adult, the love of a partner – that would be ideal, but how many people really experience it?

We humans need even more: nourishment for our action, because our energetic vehicle wants to move without blockages. What kinds of fuels could it be? What is it that powers us the most? I summarise it with the term "LoveEnergy". This must not be confused with "love" in the sense of "being (allowed to) be the way one is" – in my point of view "love" as most people define it, is not love but a form of fuel, a feed, nourishment, in short "LoveEnergy".

And the intension of many people to get this energy, the feeling of the "LoveEnergy" comes in odd forms: some are fuelled by acknowledgement or praise, others by money, power or fame. And all that just to receive "LoveEnergy".

This LoveEnergy is a form of energy that causes the person to feel himself and to be noticed – those are the effects when one attains "LoveEnergy".

Everyone of us knows people who often cause trouble, loud one. They do this because the aggression that comes back at them lets them feel themselves and they are recognised by others, in the hope to receive some of that "LoveEnergy" – this is the natural explanation for all feelings like anger, hatred, envy: one doesn't get the energy, the LoveEnergy that is needed for the energetic vehicle – and then there's trouble – trouble about the feed.

That is neither funny nor enjoyable but underneath it there is always the need for LoveEnergy – some people get their LoveEnergy with a simple line: „you are right“, i.e also discussions – which are actually fights for power – are all about LoveEnergy.

"Being noticed" is the main driving force of a human being. Being noticed means to be worth something.

Only a person who finds the energy on the "inside", does not need nourishment in form of "LoveEnergy", he gets it from within.

That is the theory.

However, mankind is not yet at the point where they find the source of love "within themselves" – and thus, in my definition of love, they "accept (love) their own energetic vehicle (themselves) simply the way it is".

We are all far away from that. That is the reason for the fight of most people on the outside: it is about receiving LoveEnergy – in whatever form – money, acknowledgement, love, esteem, power – you will certainly be able to think about more forms. Most sectors of the economy function according to that principle. But more about that later on.

Is that bad?

No, it only gets problematic when we don't know what energy it is that really "nourishes" us, when we don't know for certain, why we are doing some things. That can lead to helplessness. Most people are living very unconsciously. Because they don't know what they are doing.

### **The discovery of resistances**

The energetic vehicle comes into being through our procreation and our birth. At the time of our procreation the world in which we were born into was in a state of need. Even the procreation happened through a need for LoveEnergy of our parents.

We are born into a world that "requires" us, that is, needs us, even if our "head" does not want to acknowledge this. Our energetic vehicle is always stronger than our "head".

In certain times or on the respective continent the need for human beings is sometimes more, sometimes less. In our western countries few children are born at the moment because the need for offspring, for humans is not very high. This shows that an energetic vehicle is inherent in each continent, each system. The human being is moving his energetic vehicle within a big one.

We are needed – with our abilities. We are needed, because we are here to serve the world. Humans are born to preserve the species that is already the first meaning of life. If "life" was a human being, then we would call it very egoistic – it "needs" us. And "the life" doesn't seem to care if we are happy. That would be a realistic perspective on "life". Because, how many disagreeable things, that feel like a burden, happen in only one day, even if they are not wanted by us?

The discovery is that we are able to dissolve the resistance against "what is" but we can never dissolve that "what is". The discovery is that we can be at peace and satisfied with what we are and what we have here in this world. If everyone would be happy with what they

have, then mankind would have reached a lot. Thus, it is the resistance against the "how we are" that makes us unhappy. How long is it meant to go on like this?

In the Energy School of shamanic.nature's way one takes part in a unique process, to work on oneself (Basic course), to dissolve disadvantageous resistances. Here, a process is started to find the inner way as a visionary, in the strength of our talents – in the Here and Now!

### **Everything is determined? We are not the master of our own life?**

I admit that I am postulating that everything is hard wired "within us" (I don't like to use the word "destiny" and its connotation to fate). This will put some readers into a kind of powerlessness in the sense of "my life", "my marital problems", "my business", "my family", "my inheritance", "my partner", is all of that my fate? Or is all that destined?

If I had read this 10 years ago, then I would have strongly resisted the idea – I would have been angry, because there was no escape in sight – no knight in shining armour, no wise old man and then there's someone like Martin Brune who wants to tell me "keep cool, all is fine the way it is?"

"All is good the way it is" – in that moment, it would not have been my LoveEnergy, my feed, that I needed, because I was severely ill and very desperate – and very angry about the fact that it had to be me who experiences this. My feed 10 years ago would have been: come here, dear, I take you into my arms, you are good the way you are, I will help you solve your problems".

All of the happiness literature that existed, always urged the question within my energetic vehicle: "how do I get out of this mess?". There was no answer.

At that time I would have taken any straw of LoveEnergy and thus, 10 years ago, I was the living proof of an energetic vehicle that

had driven into the sand with (almost) no LoveEnergy left – almost dead.

Back then, when the IT sector was booming, I wanted to be a part of it. Like many others I wanted to be someone who is successful with his Internet business, someone, who has a piece of the big money. I was an internet consultant for big concerns, 30 years of age – and I was good, better than in my attempts as an employee, I was a great businessman. But already a couple of years later I was so burnt out that I fell into a bottomless hole. Something seemed to come up from within me, something that had been blocked out.

My success had earned me money and appreciation (LoveEnergy) and I firmly believed that this was the feed I needed. In order to get more and more of it, I continued to steer my energetic vehicle into the wrong direction, against all resistances – and I powered it with the wrong “fuel”. At the end it did not only move badly, but it moved not at all.

Alcohol problems and depressions almost totally stopped me. It could not have been clearer that I did not know my energetic vehicle at all and how fatal it is, to just drive along the timeline of life.

For a couple of months I was visiting two psychiatric day clinics, because nothing was progressing anymore. The first clinic was near my birthplace, I was living with my parents during that time. Despite their old age they brought me to the day clinic every day and picked me up again in the evenings and they cared for me around the clock. My condition brought me back into the state of a seven year old boy. Without my parents looking after me I would not have managed. Then I was transferred to the day clinic in Cologne. I became independent again, which was not easy in the beginning. I was so down that I even had my problems with doing the “shopping”.

Thanks to the fantastic work of the day clinic I was able to live the every day life “more or less” after a couple of months, I was able to feed myself again, I took up jogging again and I became clearer and stronger – without the day clinic I would probably not be alive now, I would have ended up on the streets long time ago.

Because, back then I had already investigated how life is on the streets, I had talked to people who were living there – at that time I had accepted the social downfall.

My clients from the Internet Consultancy had all disappeared, my business was no business anymore. The health insurance company sent a letter saying they would pay for three more months, after that it would end. What was left was my music – almost all ideas and lyrics of my German music (see <http://www.martin-brune.de> ) are inspired from that time.

My energetic vehicle had been driven to that point – almost to the end and I realised, “why” people end up on the streets, independent of their gender, origin or education.

In my energetic vehicle however, yet another way seems to have been determined, because I did not end up there but one Sunday in a library at the train station, in which I found books about shamanism, which, from today’s perspective, seemed to be fuel for my energetic vehicle. After long months of neediness and illness I felt enthusiasm while reading – these books said that in some cultures, my high sensitivity was not “sick”, but “very normal”.

My energetic vehicle had found new feed, appreciation of myself through books and I read everything that was available on the topic until, after a few months, I went to see an Indian healer, to have an energetic treatment.

At first I resisted against it but I did it and: it worked. I felt better and back then I thought it had been the Indian who had “energised” me.

Afterwards my body went to Peru, however, my energetic vehicle “stayed” in Germany, in Europe, because, even as I boarded the plane I already knew “within”, that a far away country would not be able to give me what I already had within me, I just was not yet “aware” of it.



researching and developing myself.

I was able to free myself through the things I am teaching today.

No Peruvian shamanism, no Siberian, no Celtic one, but pure Energy Work, mixed with the knowledge of a graduate engineer, who I've become years ago at the university of Dortmund. It has been a long way – now everything has become "one".

The path of my life so far as it is described here is the course of life of MY energetic vehicle.

It is very important to understand that.

And, to pay correctness its tribute, two things have to be said about the time back then:

First of all: back then there were internet consultants who did not end up in a psychological disaster, but who, to the contrary, have lived their energetic vehicle in full gear, who were happy with it and who are still happy with it to this day. But imagine a businessman would have to do my job as a teacher of an energy school. He would probably get sick from it, it would just not be "his thing". However, today, some of the company consultants from back then are coming to my Energy School.

Secondly: in order to prevent dreams of a quick way out of the basement of life, the mere knowledge about the energetic vehicle is not enough. Many people are bound by their possessions, they are possessed by them.

You will have to work on yourself, make decisions and take life into your own hands. Nobody has to become as sick as I was, if the illness is not within the energetic vehicle.

Still, I had the enthusiasm in me, the feeling of being "totally" normal. I wrote a book about it.

Some people, who come to my school because they have read the book, are surprised at the beginning, then, however, they are thrilled, because they see that we are a very real Energy School and that in the meantime, I have distanced myself from many experiences that I have made in Peru and that still take up a lot of space in the book.

My search in Peru, when I was not well myself, is not important to me anymore, because I did not really find lasting answers in Peru. But as I said before, that was all my experience of it! It may be that the energetic vehicles of other people find all answers in Peru or elsewhere, also, there exist shamanic schools which are certainly good.

At that point in time my book had already been written and I have never changed it because that's how it was back then, that was the truth as I experienced it.

In the first phase of my Energy work I participated in many seminars, in big, international "light schools" – I wanted to know it.

Afterwards I often felt better, but not really good. Back then I asked myself if a teacher who existed had freed himself through his teachings. I could not find one. And the ones who had freed themselves had no schools. Those, who had schools, were anthropologists, researchers, physics, but no one who could "authentically" live their teachings. During that time the "Peru texts" in the book "On to Happiness" were created. Before I started to critically analyse my experiences, the book had already been printed.

My greatest teacher caught up with me quickly – my pain. Seemingly it was a present of this life, even though I did not want it.

My "illness" became my greatest teacher, who forced me to start

Illness is not a precondition for finally finding one's energetic vehicle. In my case it was the illness, and that is very paradox, like oil in the fire of my thirst for life, and the anger, not to be able to come to terms with it.

But this does not have to be the case with everyone. Not every human being wants to work on themselves, and that seems to be determined in the energetic vehicle as well – every kick in the bum creates resistance.

I know exactly that such texts can create feed in the eyes of the reader, a neediness in the form of: "if I go and visit the energy school of Martin Brune, then everything will instantly work out even better."

Authors of such books and texts are often criticised: "that's only advertising texts", just like in my case, to lure people into the Energy School. Only few of the energetic vehicles, reviewers of my book "On to happiness" saw it that way.

There is a simple answer to this statement: if it is written in your energetic vehicle that the visit of the Energy School will change your life, then it will be like that. You will feel the answer while reading – or not.

### **The energetic vehicle and its features**

The energetic vehicle tells us, what it is that would make us feel well – that is crucial. It means that who wants to drive his energetic vehicle, that means, who lives it, has to get into the "flow", in a sense of wellbeing.

What now is the energetic vehicle made of, other than our physical body?

Just like a "real" vehicle, our energetic vehicle has inner features.

First of all, there are the breaks, to decelerate the speed at which

we are going through life. Most people are permanently hitting the breaks – a Porsche with the handbrake on. Then there is the gas pedal of course and the many instruments that tell us about the temperature and speed. For a few years now vehicles have been equipped with automatic navigation systems, which tell us where we are and how we can get to places.

The energetic vehicle of our life has seats as well – and depending on the making of the vehicle, it has a certain amount of seats – and thus the possibility to carry passengers "through life" with us.

People, who only have a two-seater for a vehicle, are likely not to have a family in the classic sense but maybe the vehicle has a hanger, in which many friends can be fitted – maybe a substitute family.

The theme of the "classic" family is a huge issue for many women and men. But maybe the model mentioned above will bring some reassurance. Because no one has an influence on whether children are born or not. From my energetic point of view, children are written in the energetic vehicle or not, on the timeline of the vehicle, that means, the energetic "point in time" is clearly determined. This explains why some couples try for children for years without anything happening while others are successful at once.

It can be very relieving to look at the issue of having children and a family from the viewpoint of the energetic vehicle on a "what's on the plan now" timeline, because one can only do one thing: not to stress oneself because of something that is not (yet). The resistance against the "what's not on yet" could be resolved through Energy Work.

People, whose energetic vehicle is a bus, are likely to be able and lead people, or become a pop star or comedian, or lead a company with many employees. This is strongly determined in the energetic vehicle. Everything that happens has its meaning, there is an "energetic" meaning of life.

I know that at this point of the book many won't agree or do not want to agree. That's because most people hold on to a concept that



was a lived concept of their parents, of society. Why not become happy without a family and children? Or with them? There are also (male) persons who never want to have children and who become the happiest fathers in the world and the other way round. But irrespective of what happens, it is possible to be happy with everything. Happiness is always written into the energetic vehicle, it is only the resistances against that what is that always make us unhappy.

Most readers get scared at the idea that everything is determined in the energetic vehicle. The need for control is initiated in most people, every control freak breaks a sweat because every control freak knows how other people live and he thinks he has to live at least in a way that is of equal value. And now Martin Brune says that this can't be a successful life concept.

I used to be an extreme control freak, my head was bigger than the whole of Cologne. I was a fighter for the "I can be anything" belief. I wanted everything, wanted to become everything, wanted to know how to do everything, everything, everything. Believe me, 90% of the things I did in an actionist way brought me more troubles than luck, because I had constructed the wrong "feed", the wrong "Life Energy".

Life knows a clear language: results in form of either a sense of well being or suffering.

Apart from the seats, the interior equipment, there is something else on the inside of your energetic vehicle: something like the area of special talents. These are also characteristics of a person, which are different in everyone. In this area is described, which talent you are born with and that you could live effortlessly, if you would live it.

This is very crucial: they are talents that would be easy for you personally to live in the outward world.

Because everyone has a different energetic vehicle, everyone has different talents and abilities. Many people relate something artistic to the theme of talents and abilities.

At the moment shows like "The X Factor" or "America's next Topmodel" are hip, but another special talent could also be e.g. keeping cool in difficult situations. Not everyone can do that. "Keeping cool" – an amazing talent – especially nowadays.

Sure, a teenager would rather be a pop star than someone whose talent it is "to keep cool". Very unsexy and unsatisfying. But just imagine there were shows like "The next cool keeper", "The next nice manager", "The next mother of three children and manager", ... This sounds weird at first but it shows in a pitiful way how constricted the focus of our society (of our world) is. Everyone wants to be a pop star, other talents in their diverse kinds are esteemed to be less valuable.

So every human being has his typical characteristics and abilities. That's the reason why not everyone can be really good "in everything". But, he could be really good in the things that he can do really well according to his energetic vehicle.

Most people relate talents with their display in jobs. But jobs are built for a clearly defined purpose. No one would need a cosmetic if there was not more need for "more" beauty, the same goes for plastic surgeons. No one would need architects, if no houses were built. No one would need fashion designers if there was no need for fashion.

No one would need a refuse collector if there was no refuse, no one would need a postman if there were no letters and packets and no one would need a civil engineer if there were no sewers. Could you imagine being happy in these jobs, to be living your energetic vehicle?

Believe me – there are people in those jobs who are living "their" energetic vehicle and are even happy with it. And, like in all jobs, there are those who want to become something else and who try to change – well, it seems that unclogging needs to be done concerning the energetic vehicle that is silted up.

Imagine how beautiful you will be once you live your energetic vehicle. Those, who are doing this "unclogging" of inner blockages are the true heroes.

### **The energetic vehicle – can I be anything and be happy with it?**

No! Because, again: What is the meaning of life? In the beginning I said that we should serve this world, we are meant to be useful.

In my lectures I sometimes hear: "Where is the sense of having to suffer one's whole life, e.g. by being seriously sick?"

There will always be suffering people. Whoever suffers from pain will hardly call himself "the architect of his own fortune".

The truth about happiness is that life does not care if we are happy. No one has asked us if we want to be born. We were born and thus we were thrown into life with our qualities, talents and possibilities, with our light and our dark sides.

Our energetic vehicle has formed our body and has put us on our timeline, that is, it is "energetically" clear how long the journey in this world will last. Along the energetic timeline we make our experiences, as many and as often as are intended.

When I am looking back I have to say I was depressive for over 30 years. Since ten years ago, I am no longer. The melancholy that pushes my creativity however, has stayed.

That's great, but it could have been different, that is, I could have ended up on the streets or in a day clinic again. Very few of us, who have been as far down as me, manage to come as far as I have. That is the proof that there must have been another power that has made me go into another future – my energetic vehicle.

### **So what can be changed through Energy Work?**

In our society, the number of people who are dedicated to become someone or be someone, who doesn't do them justice, has very much increased. The awareness of ourselves can be changed and empowered, that is one of the intentions of the enerGetiks workshops.

Let's think about „The X Factor“, the phenomenon of the many young people who introduce themselves in these casting shows and who seriously think they have musical talent, they have a voice that is worth being listened to. Who think they are people, who can develop such a presence that they absolutely have to be on stage – in front of a big audience. We laugh about the failing acts in the preliminary decisions, we laugh, because we feel awkward for the people who so massively misjudge themselves and their talents. This show is a good example for the ignorance of one's talents, one's energetic vehicle. Basically, it is good that the jury – especially Simon Cowell – tell these people so quickly and so clearly that they should rather turn in another direction in their lives. But which? The people, who were so convinced that they can become a superstar, might never be able to find out. The knowledge about one's energetic vehicle is the key to everything.

Not everyone can become a pop star, footballer, artist or pilot. Even if society often tells us that it is possible and many books promise it according to the motto "you can have anything".

Not everyone can become a good teacher, doctor, gardener, author, salesman or childcare worker. If one tries, one will waste a lot of time and energy because one invests in a concept of "what I want to be" and concepts that cannot be lived from "within oneself", use up time and money – one will soon feel empty or wrongly fed.

Many are doing it like I did back then, they reach for a state of being that does not fit them. Most of them won't have as massive breakdowns as I did and yet many will often have the feeling that something's not right. They do not drive as well as they could in another area. The energy supply, the fuel, does not really feed them.

They feel undernourished or thwarted. And yet they keep to their life concept that was imparted on them or which they have imposed on themselves.

Because change means change and most people shy away from this because it uses up energy and it can be painful. And who guarantees us that afterwards everything will really be more in the flow? Who guarantees that one will be happier in a new job or at another place or with another partner – or even without?

Many people want guarantees, total certainty. I can definitely say that this does not exist as long as one does not know one's energetic vehicle and accepts it, because one won't be happy before that.

The unclogging of the energetic vehicle, and thus the unclogging of gifts and talents, that is possible!

### **Life is not a test drive**

Life is not a test drive because our timeline is not indefinite. We all know that, even though as teenagers we cannot imagine it because we feel we have a lot of life in front of us, a lot of time and energy to finally do one day what corresponds with our energetic vehicle.

Thus, we do not think about the fact that in this way a lot of time and energy are wasted for nothing, and that they cannot be got back. Or we fill up on so many bad or wrong energies that these make us unhappy or sick or they break us. Just like a car that can only go badly or not at all when it has been filled with the wrong fuel. Our engine breaks down, sometimes it cannot be repaired. Sadly, I have encountered people in the psychiatry who had no more drive.

At this point though I have a good example: I know a boy who, at the age of 5 years, told his parents: "I want to play the piano!" The parents were irritated. How did the little boy come up with that, what made him say that? In the home there was no piano. For the mother,

playing the piano had a negative connotation because as a child she had to play it, her parents wanted her to. For her it had always been a pain. She always wanted to write stories, but she had to play the piano. The father of the boy wanted to learn how to play an instrument when he was a child but his parents had no time to attend to the wish of their child. Now the five year old son is standing in front of his parents, he does not even go to school yet, thus he cannot read yet, and he cannot read notes but he insists that he wants to play the piano.

The parents are thinking: where did he get that idea? Certainly not from us. It's probably just a whim. In a few weeks he won't even look at the piano because he wants to play the guitar or soccer ... However, the small boy is persistent. Finally, the parents buy an old, very cheap piano for him. The five year old sits down at the instrument and hardly ever leaves it. A teacher is brought in, who, after the first lesson, thinks that the child may be gifted and that he maybe has a special hearing. The piano stool is put up at its highest and a couple of telephone books are stapled in front of it so the boy's feet won't be dangling in the air.

Later, when the boy comes home, tired from the many hours of classes at school, his first way leads to the piano – to relax, as he says. He learns everything in the classical area that a pianist needs to learn and he loves it. Soon, he starts improvising and composing. When the teacher reaches her limits the boy looks up the probably best jazz pianist of the city to enter into jazz next to classical music as well. After a few years have passed, he starts performing publicly, on his own or with his trio. Today, the boy is 18 years old and he thinks happily about the fact that he will soon do his leaving cert and that afterwards he can go into the world of the best music colleges and performance locations. But actually he simply loves just to be sitting at the piano – alone or with others, because that is his place in life that makes him happiest.

I claim that this talent lies within his energetic vehicle because there is no family history, no imprint from outside.

Imagine the parents would not have made it possible for him to play the piano, they would not have bought the piano for him and would not have paid for lessons.

And imagine the child would have been pushed to do something else. How would he be today? Probably like most people, who are travelling on the wrong routes or who are being stopped all the time or who are stopping themselves. Or like a vehicle that has been filled with the wrong fuel.

Someone who is living their talents will do it effortlessly. A pianist who has a gift will always play better than someone who practices ten times more than the gifted one. Because the latter is in the flow, he does "his thing". His thing is his being. Whoever aspires something, that he isn't, will not only have a hard time but one day he will ask for the meaning of life. The meaning is the being.

If you do the thing that you can do best, then you will be doing it with love. Everything that we do with love, we do well. That serves mankind – in the greater and in the small sense.

### **The meaning of life?**

Almost everyone will ask about the meaning of life at some stage. Most people don't find an answer. Almost everyone will only ask about the meaning of life, when they start to doubt their lifestyle, when they encounter disappointments, illnesses, strokes of fate or any demands from life, which ask too much of them or render them unhappy. There are many vague answers to the question about the meaning of life, the internet shows about 1.6 million hits, if one looks for it, but which answer is the right one?

The question for the meaning of life is the question: why do I live? What for? What meaning has the lifespan I am given? For myself, for others? Is it all about doing things that make myself happy and that are beneficial for others? Being happy with one's actions while serving others, that can only be reached by doing things that one is meant to do, that we are energetically made to do. But how do you recognise this? By what? And is it possible to find the reason why one was put in this world when one has lived against one's energetic vehicle for a long time or even always?

Every human being has a highly individual Life-sense. Every human being can get an answer to his question with which abilities or talents he should be serving mankind.

I can make the answer visible in a very tangible way.

In the private and work life the person can thus realise in what job or with what partner he would be "in the flow".

In the consultancies I am going to use the techniques that make the individual purposes visible.

Next to my work of vision finding or resolving of blockades with shamanic.nature's way this will be a whole new approach: making energetic vehicles visible.

### **Visualising the energetic vehicle**

By now, also children and adolescents are coming to the seminars at my institute. It is striking that they have a much clearer idea about their talents than adults. Still, because every year that they are living against their own energetic vehicle, more and more sand will get into their engine, they fill up on wrong energies all the time, they drive with their handbrake on or they accelerate too much.

At some point they reach their limits and start looking for the meaning of life. Friedrich Nietzsche said: "He who asks for the meaning of life is already sick". I would say, who asks for the meaning of life is in a situation in which he summons the courage to say "stop" and dares to change, even if this could be painful. Such courageous people are coming into our energy consultancies, which are held as seminars within .enerGetiks.

With the visionary abilities that I have developed in my work over the years, I can make the energetic vehicle visible. Through years of work in consultancies I am able to differentiate between a blockage in form of a "resistance against what is" or the energetic vehicle in a human being. Which are the blockages that have formed through

years of driving into the sand?

And what is the energetic vehicle, which finally wants to be going in its determined speed and with its determined fuel?

This is the great art that one has to learn to become a consultant in my team. One has to learn how to be emphatic, how to move to the side of the client 100% with his visionary abilities. That means one needs to have a great knowledge about oneself in order to be able and differentiate between the own energetic vehicle and the one of the client. If you are interested in the training to become an energetic consultant, approach us. In a master course at the Energy School shamanic.nature's way the Energy Seer can (after he has finished the Foundation course, the Seeing course and the Envisioning) broaden his knowledge by the world of energy. In this further training the participant learns about tools and techniques to start his journey as energy consultant.

### **Examples from the practice – about the consultancies**

From the editor to the businessman who is worried about the concrete business acquisition – I have counselled top business executives and also politicians.

Many working women are coming to me and I often see that this (full time) working life is not in their energetic vehicle in this form but rather a more stress free version. No wonder that daily life is stressful.

People who are coming to the consultancies have concrete questions about their lives, sometimes they also have ailments.

There was the doctor who asked me directly if it was good for him to buy a house for himself and his family and if his wife and he should go for a third child.

There is the team leader who wanted to know how to deal with the divorce from his wife in a painless way for both of them. There was the business woman who suffers from an illness of the skin, which was obviously triggered through an unresolved problem. Recently, a very successful businessman came to see me, who, in order to reasonably invest his money, founded a property management company. He came to me with heavy pains in his back that he has had for a long time. I saw that this was not at all in accordance with his energetic vehicle. The property management company was not even present in the picture I saw. By now he has left the property management company– and his back pains have vanished.

I also consult whole businesses. After one day the owner of a company came to me, he afterwards returned with his 60 employees. I have worked with all of them and saw who would fit best in what position in the business. It is very impressive how powerful businesses can get when every employee – according to his energetic vehicle – is placed in the right position. I also see at what ends businesses need to "outsource", in what areas businesses lose too much, that is, invest unnecessary or wrong energies, without ever reaching a goal. I can also mirror the relationship with their customers and see if it is a healthy one.

Or there was the young fashion designer (27), who wanted to open locations abroad. One could see in her energetic vehicle if it was the right time for those new locations at that stage. The picture produced an enlargement of the client's doubts if the idea was good or not. Every doubt manifested itself. Finally, the designer decided to wait for another year. Feedbacks showed that her idea to open new locations was good but that the initially planned point in time was too early.

The programming director of a TV channel (49) had to make a decision about a TV show. He struggled to find a solution, did not trust his gut feeling (which had always been working well for him). His vehicle showed his family and free time, not more work through a new TV show. At first the client felt pressure, later he realised it was time for him to resign from the director job and that is what he did a year later.

A woman, mother of two children, who had stayed at home and had worked part time in an easy job, wanted to start her own

business at the age of 42, acquire clients, live from this job and be financially independent. She had a husband with whom she got along very well and who provided for her, she had many friends, with whom she was meeting up and a lot more. Her energetic vehicle showed a part time job, simple work, a lot of free time and that a man provides for the financial part. She realised that actually she already had everything but she had built a resistance against her energetic vehicle and asked me why she still wasn't happy. Her energetic vehicle showed her that she had to embrace the things she had and that she had to disengage herself from the wrong idea of being a tough businesswoman. In the next meeting she started to cry because she realised that she really already had what she wanted and that she had followed the wrong ideas. Today she is enjoying her life and what it is.

The heir of luxury real estate in France (37) wanted to know how his energetic vehicle looked like. I saw him as a teacher in a circle of children. The client started to cry because this had always been his dream. When he said this out loud he felt a big amount of pressure in his body and that he needed to live according to his vehicle. In the following months he parted with his estates and other possessions and felt relief. His inner restlessness disappeared more and more. Today he advises adolescents in questions about future jobs and life.

An author (27) was writing his 7th book and had severe health problems. His vehicle showed a family, which gives him a lot of attention and closeness. He realises that he is writing books to receive this love as compensation. Now he is writing a book in the full awareness of why he is doing it. And he looks after his friendships more, his life is getting warmer.

After the consultancies everyone decides if he will change something in his life or not. I have witnessed how musicians play their instruments much more from within their bodies after consultancies, or painters who don't create pictures only in their heads anymore, authors who learn to "write from their guts", from their energetic vehicles.

We have advised big Spa Hotels at the Ostsee, because here as well it was about the creation of power that needs to be uncovered. Architects found the consultancies highly interesting, the same goes for psychologists and doctors, who learn about energy techniques.

The consultancies in the .enerGetiks. workshops will last for four days. It is an intensive group process.

I am highly sensitive, which can be strenuous at times but I am not resisting it but I convert it, to be good in my work as Energy Seer. Thus I am serving mankind – and that's what has been given to me in my energetic vehicle.

Already in ancient cultures highly sensitive energy consultants have been called in for projects or life decisions – regardless if those were personal or for "business".

The Energy Seer does not solve the problems of others but through his mirroring he serves as a source of inspiration. This is invaluable because the client finds answers to concrete questions on vocation, the most suitable form of partnership or intentions for business. I consult many managers of companies, self employed businessmen, first time workers and people who want to find their new vocation.

### **Businesses and relationships**

So far we have talked about an energetic vehicle in order to develop the model. The interrelations are much more complex when several energetic vehicles come together, that is, when they enter into relations with each other. That is the case in a company, in organisations, in cities, and even a family could be called an enterprise.

Thus, when several energetic vehicles meet, the whole range of relationship dramas imaginable starts to happen – in a positive as well as in a negative way.

The core characteristics of every energetic vehicle (and thus of every drama) are:



1. It needs LoveEnergy in all forms (attention, reassurance, power, love, and much more)

2. It moves along a timeline, on which certain experiences are determined

3. Concerning every relationship, be it with a colleague, a client or a partner, the length of the relationship is determined in every single vehicle.

A business is nothing else but a crowd of energetic vehicles who are all living all three core characteristics.

The satisfaction of the first attribute, the fact that every human being needs attention and reassurance, can already contain a lot of frustration if this LoveEnergy does not start to flow within the company. This seems to be the most essential task of every manager – to give this energy. But how can this be done when there are so many employees?

When employees do not get this energy then also the clients will notice this, as they are humans and thus energetic vehicles as well. This simple example shows how complex everything is connected, how important the “leading” of healthy relationships has become, also in companies. Clients rarely buy “only” products, but mostly (of course depending on the branch) a feeling. It is sad when the fruit basket of the company is full of sour lemons – the client will notice it.

The second characteristic that a human being or his energetic vehicle, is moving along a time line, shows, that it is an art for the businessman to find the right candidate per job interview at the exactly right time. A person working in human resources needs to possess a deep and clear contact to himself, he needs to have a connection to the goals of the company and needs to feel if the candidate is the right one. Furthermore, a human being develops along a timeline – this can mean that an employee is the right person for the job for two years but not anymore after that, no one can influence this – the energetic vehicle of the company AND of the employee have developed along the timeline. Maybe after two years totally new abilities emerge – business people call this “finding the

right positioning” – here again a high sensitivity is needed to give the employee what he needs to come into his strength.

The second and third attribute also show themselves in relationships of couples. Two energetic vehicles meet (I admit in this context it sounds very cold), fall in love.

In every vehicle, in the man’s and the woman’s, a very individual life span of this relationship is determined - that is my observation. That is the reason why separation can be normal – energetic vehicles of humans can show a relationship that lasts a lifetime, or only until the children are grown up, or only for one, two years, then a new relationship, or more than one relationships in life, some people only meet so children are born, some never have a relationship.

That is the reality (of the energetic vehicle) – it lies in our own hands if we are happy with it, that is, if we say “yes” to what “is” within us,

As mentioned above, the acceptance of that what is, the resolving of resistances, is a key possibility to live more freely– that’s what I am teaching in the Energy School shamanic.nature’s way.

By reading the energetic vehicle of businesses one can gather information about the energy flow, where there is a block and “what” one can do. Leadership styles and goals are changing, and thus the relationship to the clients, a global “human” process of tidying up – with astonishing effects – the human being is put into the centre again. Imagine, if all HR managers in the world were able to read the energetic vehicles of the world – no one would employ the “wrong” person and it would be possible to bring people into the “right” position, in the sense of energy flow.

The consultancies are booked by e.g. future businessmen and women, who want their vehicle to be read to see if they are at all suitable for the business world. Such knowledge can save immense investments. Or experienced entrepreneurs have “their” energetic vehicle read before entering into big investments.

At the moment I experience a greater amount of requests for consultancies for musicians, cultural managers, advertisers, owners of agencies, translators, doctors, requests from the travel industry and from the whole range of medical jobs.

For a consultancy project I have the idea to work with providers of single parties. This is a new concept with the help of which the "right" energetic vehicles can meet – in a very agreeable way. With this knowledge, imagine how effective these parties would be.

### **Consultancies and shamanic.nature's way**

enerGetiks is a process of consultancy within the structure of a workshop, which will give you knowledge „about yourself“, a kind of „check up“ of your energetic vehicle.

The workshop lasts from Wednesday evening to Sunday afternoon.

It is a workshop that is being booked by business people from all areas, by people in creative jobs (fashion, advertising, music), agency workers, people from medical jobs and many more, to progress "for themselves". Basically, women and men from all areas take part in the courses.

Through this process you can gain more clarity for your life through "knowledge". But the "implementation", that is, the "doing" cannot be accomplished within the short time of the workshop. This workshop cannot do the so important work "on yourself".

This is being taught and lived (with the start of the foundation course) at shamanic.nature's way (<http://www.shamanic.de>). It is a path of self realisation, a path of talents and abilities, it is the path of "your" energetic vehicle.

Then you won't have to "get consultancy" but you will be your own

consultant.

### **The clock of life - a preview**

The clock of life is ticking. Looking at life realistically, it is something that works according to particular energetic limits. We are doing many things in order to prevent us from suffering and thus increase happiness. I think I can say about myself to be the "chief" when it comes to pain and suffering. A lot less nowadays than I used to, but still a little and that is due to my high sensitivity, which is my suffering but at the same time my greatest talent.

I am deeply convinced of the model of the energetic vehicle in "private" as well as in "business" life. I am the living proof. I am convinced that it will become more and more important for us and our children to be knowledgeable about the energies that nourish us.

I am able to energetically analyse the most complicated human complexities, systems, businesses, groups, (soccer-) organisations, to grasp them within seconds and to create energy maps from them, which clearly show where "the problem lies" – one of the main requests.

When I am looking at the path of my life then I am confident to say that I have accepted nearly 99% of my vehicle, with all its edges. I had to walk on this path for 41 years to understand that it is not important to be able to do everything, but simply to let go of what we cannot do, what is ballast. I have learnt to delegate because there are people who are able to do many things a lot better than me, because that's what is on their energetic vehicle. It was a difficult process for me to learn and to concentrate on what the energetic vehicle is: being highly sensitive and thus serving the world with it.

I have already been highly sensitive as a child, life did not care if I was going to be happy with it or not – my energetic vehicle gave me a second life. For this, I am deeply grateful.

What then are the limits of this work? I said it already earlier on – we cannot become everything – but we can become more

“ourselves”, get closer to our energetic vehicle. Thus, the limits are determined within each energetic vehicle “itself” and thus they are highly individual for everyone of us.

What I can say as the “maker” of those workshops and of the Energy School is, that through our work a lot has been put into progress for people and businesses. One has to experience it.

**One thing has to be said though: "knowing the energetic vehicle"** cannot replace the unclogging and the envisioning process, which are so important and which are being taught and lived at shamanic.nature’s way. No one can get around the letting go of old ballast and the finding of a new life vision.

That is the reason why many people start directly with the envisioning process of shamanic.nature’s way (beginning with the foundation course), to experience the sustainability of this energy work. Let go of past things, find visions, live talents – have more fun being alive.

I invite everyone,  
yours, Martin Brune

**Links:**

The programme of the Energy School shamanic.nature’s way

<http://www.shamanic.de>

<http://www.martin-brune.com>

**Yours,**

**Martin Brune & Team**

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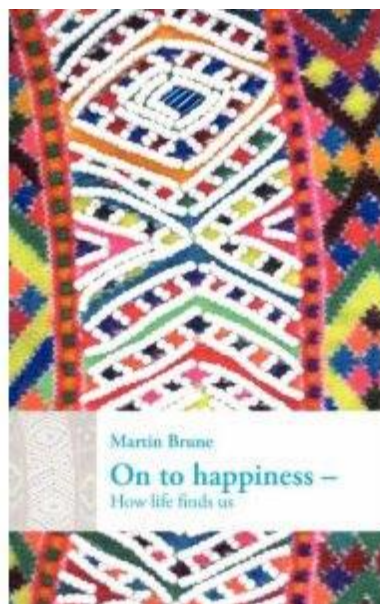
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**On to Happiness – how life finds us**

"We have no time to lose", that was the start of the first book: "On to happiness – how life finds us", which was a bestseller of its publishing house in 2007. This book describes very detailed the energy process that is being taught in the Energy School and with the help of which it is possible to get rid of old ballast for good – one could also call the Energy School a Liberation School. The book has been published in 3 languages and is available at Amazon (<http://www.amazon.com>), Libri and in bookshops:



"Nothing but a tick in the sound of eternity"

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"What is time?"

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